

Your Catering

Let Fresh Food Events take care of you and yours on your Big Day

You've set the date for your celebration so now lets think about the food...

We're passionate about food and service...We know its personal.

Share your vision with us and we'll serve just what you need!



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FRESH FOOD EVENT CATERING LTD

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Your Menu ... Just as you want it....



Hi! We're Lesley and Graham and **FREST FOOD EVENTS** is our family business, established in 2013.

When we married, no-one else would serve the Wedding Breakfast we wanted. So as established Caterers, we decided to put you, our client, in charge!

- + No Packages. No Set Menus. You tell us what you want!
- **→** No Rules.
- * Sensible Prices.
- + Your menu the way you want it served.
- **†** You're in charge!



We make you a promise; Our Family will look after your family.

It's not just about food. It's about the way we look after you from our very first meeting, and of course, especially on your Big Day!

We're bespoke Caterers. Just tell us what you want!

We can provide everything you need;



- Planning
- + Furniture
- + Linen
- Crockery
- + Cutlery
- Glassware
- ★ Staff

- MC Service
- Drinks and Wines
- Welcome Drinks
- + Canapés
- Carrapes
- + Starters
- Sharing PlattersGrazing Tables
- + Afternoon Tea
- Mains
- Desserts
- Evening Food
- + BBQ
- DDQ
- + Paella
- + Buffets

Menus in this Brochure are only ideas! Pick and mix or add your own ideas!







Everything you want to create and enjoy your Big Day!



Planning



- + From our very first meeting we'll put everything in writing
- We want to get to know you and understand the best way to look after you
- ★ We'll version control your Catering Proposal, until its exactly right
- Just tell us what you want!
- You don't have to make your final choices until 1 month before your Event
- ★ We'll be as flexible as we can
- We'll also work with your venue to iron out all the details



Furniture, Crockery, Cutlery Linen, Glassware

- + All part of the service, if you need it
- + All included in your proposal priced by item

The Day Before

- Delivering what you need to set up
- Checking Final details
 Partnering with you to make sure the Big Day runs smoothly



On the Day

- ★ We're there to look after you!
- Great Food
- Warm and Friendly Professional Service
- ★ Smiles all round!



MC Service

We'll make sure everyone knows where to go and whats happening

Above all we make sure the day runs as planned with fun and laughter!



Waiting Staff

We'll provide the staff to serve at Table or man your Buffet, Serve Welcome Drinks and Canapés and of course to clear up afterwards!

Remember, we'll do what you ask us to. You choose your menu and your style!

Our Commitment...



Everything you want on your Big Day!



Welcome Drinks

- → Pimms or Prosecco? Bottles of Beer? Waiting Staff will serve and circulate with top ups, and to keep pricing sensible, you provide the drinks and we'll do the rest!
- We don't charge corkage!



Canapés

→ To welcome guests, Canapés lift an event and put a smile on everyone's face! There may be a theme, or you may just want a balanced mix of tasty treats for your guests. We've put some ideas below – mix and match from the list, or as ever, give us your own ideas!

Some of our more popular choices are;



- Bruschetta eg Roast Pepper, Tomato & Ham, Wild Mushroom & Garlic
- * Roast Pepper, Cream Cheese and Pine Nut crostini
- Rarebit Bites
- → Japanese Chicken Meatball with Soy Dip Sauce
- → Vegan Mini Tacos with Sweet Potato, Avocado
- * Smoked Salmon and Cream Cheese Blini
- Caesar Chicken Tartlets
- Stilton, Pear and Walnut Tartlets
- Mini Prawn Cocktails
- ★ Mini Toad in the Hole
- Goats Cheese & Plum Chutney on Artisan Bread
- Smoked Chicken with Mango Salsa Tartlet
- Crispy Bacon Guacamole on Rosemary Bread
- Chicken Tikka & Mango Chutney on Naan bread
- → Watermelon, Cured Ham and Feta on a skewer
- Ratatouille and Parmesan Tartlet



professional manner



To Table....

Remember these are just examples – we serve what you ask for!

Example Starters:



- Home Made Soup –Tomato, Minestrone, Vegetable, Sweet Potato & Coconut....
- → Duck Parfait with Orange and Cointreau Glaze served with Brioche Bruschetta
- Butternut Squash & shaved Fennel Salad with Pine Nuts (V)
- Goats cheese Tartlet (V)
- + Sharing Platters of Olives, Oils, Breads, Hummus and Antipasti; Stuffed Peppers, Artichoke Hearts, Sun dried Tomatoes etc placed in the centre of the table for your guests to share.
- Smoked Trout with Horseradish Cream
- Capri Salad

Example Mains:



- + Beef in Creamy Peppercorn Sauce, served with Wild and White Rice and Seasonal Vegetables
- + Chicken Breast stuffed with Caerphilly Cheese, Wrapped in Bacon, in a Roast Cherry Tomato Sauce, Steamed New Potatoes and Seasonal Vegetables.
- Sharing Boards of Mixed Roasted Meats
- + Fillet of Salmon in a Dill and Cream Sauce, dressed with Cockles, served with Steamed New Potatoes & Fresh Kale
- Rump of Lamb with a rich Redcurrant Sauce, Gratin Dauphinoise and Steamed Seasonal Vegetables.
- + Loin of Venison wrapped in Pancetta with a Sloe Gin and Blackberry Sauce
- Pan Fried Duck Breast in an Orange and Port Sauce with Watercress, Grapefruit and Charred Baby Gem Salad
- Roast Vegetable Stack in Home Made Tomato Sauce (V)
- Stuffed Yellow courgettes with Minted Beans and Red Onions(V)



Example Desserts:

- Trio of Dessert au Choix
- Tartelette au Citron, raspberry coulis & fresh cream
- Summer pudding, Fresh Berries and Cream
- Individual Eton Mess
- Sticky Toffee Pudding with Salted Caramel Sauce
- → Apple and Blackberry Crumble with Crème Anglaise
- Triple Chocolate Brownie with Chocolate Sauce



Grazing Tables

Move on from traditional cold buffets with a Grazing Table in the style of your choosing... Spanish, Farmhouse, Mediterranean...as ever, it's your choice! Choose all your ingredients!





Farmhouse...

- Mini Sausage Rolls
- 🐈 Pork Pies,
- Onion Bhajis,
- Ham & Cheddar Cheese Cubes,
- Pickled Onions,
- Mini Quiche,
- Cherry Tomatoes,
- 🕇 Rocket,
- Crackers and Butter





Spanish...

Olives, Arancini Balls, Sundried Tomatoes, Mini Stuffed Peppers, Serrano Ham and Manchego Cheese Tartlets, Patatas Bravas and Warm Mini Chorizo, Bruschetta with Ham and Mushroom, Spanish Omelette, Mini Kebab of Herby Chicken

Mediterranean...

Arancini, Stuffed Mini Peppers, Bruschetta, Mixed Olives, Sundried Tomatoes and Artichoke Hearts, Roast Peppers, Palma Ham and Salami, Breadsticks, Mozzarella Balls





Pinterest Inspired...

Welsh and Continental Cheeses, Artisan Breads and Crackers, Chutneys, Bowls of nuts and savoury nibbles, Grapes, Strawberries, Raspberries, Blueberries, cherries and Kiwi Fruit. Warm Segmented Camembert Petit Fours, Profiteroles. Eclairs, Mini Brownies.

Dessert...

Meringues, Salted Caramel Profiteroles, Eclairs, Brownies, Strawberries, Grapes, Blueberries



Hot Buffets

For more informal dining, presented in shining Chaffing Dishes and served by our professional staff, the same great food otherwise served to table.

We've included some options below, but just tell us what you want – your day, your way!



Main Course Hot Buffet Options include;

- → Beef in Peppercorn Sauce served with Rice and Salad
- → Chicken Curry served with Pilaf Rice and Naan Bread
- Chicken in a Creamy White Wine and Tarragon Sauce served with Seasonal Vegetables and Baby New Potatoes roasted in their skins.
- Slow Roast Beef in a Red Wine and Shallot Jus with Seasonal Vegetables and Baby New Potatoes
- Trio of Sausages with Mashed Potato, Onion Gravy and Peas
- → Cod in a Spanish Tomato Sauce with Olives and Capers, Patatas Bravas and Salad
- → BBQ Hunters Chicken with Sweet Potato Mash and Salad
- → Stuffed Roast Peppers with Salad and Cous Cous
- Vegetarian Lasagne
- → Vegetable and Chick Pea Curry



Evening Buffet Options include

- → Pulled Pork in Brioche Rolls, Coleslaw, Salad / Bacon Butties
- Trio of Butchers Sausages, breads sauces and salads
- Lasagne with Garlic Bread and Salad
- Chilli con Carne served with Rice, Tortilla Chips, Guacamole, Sour Cream and Salsa
- Chicken Curry with Rice, Naan Breads, Bhajis and Samosas
- Moroccan Meatballs, Cinnamon Rice and Pitta Bread



Mini Dessert Buffet

- Mini cakes and treats including éclair, chocolate brownies, Lemon Tart, Toffee Blondies and more, displayed on glass and slate, dressed with cut fruit to make a delicious display for your guests to indulge themselves.
- Cheese Buffet with your choices of cheese dressed with grapes and Celery
- → Perhaps even a Cheese Tower!



Cold Buffets

If a traditional served meal isn't what you're looking for, and you'd prefer a buffet, that's no problem! Or Perhaps you'd like a buffet for your Evening Food....

Build your own menus, build on the ideas we've included below...



Example 1

- Traditional Farmhouse White and Wholemeal Sandwiches
- Filled Wraps with Meats, Cheeses, Fish, Salad and Chutneys
- + Savoury Bruschetta Vegetarian and Meat
- + Thin Crust Pizza, Caramelised Red Onion, Buffalo Mozzarella & Wild Rocket
- Mini Goats Cheese and Baby Plum Tomato Tartlets
- Thai Chicken Skewers with Peanut Dip
- Crudité and Breadstick Platter with Hummus & Sweet Chilli Dips
- Mini Cake Platter with Mini Éclair, Mini Raspberry Cheesecake Tarts and Chocolate Brownies
- Cheeseboard with Welsh and Continental Cheeses, Fig Chutney, Celery, Grapes and Crackers.
- Luxury Cut Fruit Platter



- Luxury Cold Meat Platter to include:
- Roast Silverside of Beef with Horseradish Cream
- Roast Gammon with Ginger and Molasses Glaze
- Rare Roast Venison with Blackberry Jelly
- Chicken Liver Parfait
- Yakitori Chicken Skewers
- Shropshire Blue, Pork and Chutney Sausage Rolls
- Mini Steak and Ale Pies
- Mini Chicken & Bacon Pies
- Cheese Platter with Welsh and Continental Cheeses, Grapes, Celery, Chutney & Crackers
- Spinach and Feta Filo Pastry Pie
- → Peppers stuffed with Moroccan spiced Cous Cous, Apricots & Pine Nuts
- Mini Cheese, Leek & Potato Pies
- Roast Halloumi & Bulgur Wheat Salad with Mango and Coriander
- * Rosemary, Goat's Cheese and Mushroom Tart
- → Wild and White Rice Salad with Mediterranean Vegetables and Olive Oil
- Pesto Pasta with Cherry Tomatoes
- Warm Minted Baby New Potatoes
- Autumn Vegetable Salad with Saffron Dressing (to include Broccoli, Courgette, Sweetcorn and Tomatoes)
- * Sauces and Condiments
- Bread Basket





Paella; Putting on a show!

Imagine the scene...Huge pans of Paella cooked live for your guests' entertainment;



Tapas to begin? Maybe a Grazing Table...

- Stuffed Mini Peppers
- * Spanish Omelette (Frittata)
- * Roasted Pepper and Onion Bruschetta
- Patatas Bravas
- Serrano Ham and Manchego Cheese Tartlets
- Chorizo Bites
- 🛨 Salami
- Cherry Tomatoes
- † Flatbreads



The Main Event...

- 🛧 A Fish Paella with King Prawns, Prawns, Mussels and White Fish
- 🕇 A Meat Paella with Sausage, Chorizo, and Ham
- ★ A Vegetarian Paella with tomatoes, beans, chickpeas and peppers
- Or any combination....

.....All served with fresh crispy salads and Artisan breads.









BBQ;

What does a BBQ mean to you? Hot Dogs & Burgers? Or something more? Here are some ideas; Mix and match!



The Family Friendly One;

- Quality Beefburgers
- Butchers Sausages
- Lemon & Yoghurt Chicken
- → BBQ Pork & Pineapple Skewers
- Green Salad
- + Tomato Salad
- Potato Salad
- + Coleslaw



The Foodie One:

- Flat Iron Steaks marinated in Olive Oil and Garlic
- Lemon & Basil Chicken Skewers
- + Char Siu Pork Loin
- Build your Gourmet Burgers with Brioche Buns, Bacon, Monterey Jack and an assortment of pickles, sauces & dressings.
- Lime & Ginger Tiger Prawn Skewers
- + Halloumi & Roast Peppers
- + Greek Salad
- Home Made Coleslaw
- + Rocket, Watercress, Pine Nut & Balsamic Salad
- → Jewelled Cous Cous Salad
- + Buttered, Minted New Potatoes
- + Breads, Condiments, Dressings and Sauces

The American One:

- ★ Slow Cooked Texan Style Beef Brisket
- Louisiana Style Pulled Pork
- Hot Dog Sausages with Fried Onion
- + Cajun Chicken
- Creole Style Slaw
- 👉 Mini Corn on the Cob
- Caesar Salad
- Potato Salad
- * Breads, condiments & dressings including American Yellow Mustard.

Other Ideas...

- * Cajun Chicken
- * Rump of Lamb
- King Prawns
- * Beef in a Creamy Peppercorn Sauce
- + Chicken Chasseur
- Pork in Cider
- + Chicken Jambalaya

The Spicy One;

- Cajun Chicken
- Mini Corn on the Cob with Chilli & Lime
- Adobo Pork Steaks (Lime, Garlic & Paprika)
- Quality Burgers topped with Chilli con Carne & Mexican Cheese
- Courgette and Red Pepper Fajita
- Fresh Chopped Tomato Salsa
- + Guacamole
- Sour Cream
- Chopped Mexican Salad of Romaine,
 Cucumber, Cherry Tomato, Avocado, &
 Corn with Lime & Coriander Dressing
- Mexican Yellow Rice
- Breads, Condiments & Dressings

A Tailored One...

- + Flat Iron Steaks
- Butchers Sausages
- Beef Burgers
- + Herby Chicken
- + Haloumi and Stone Roast Peppers
- Aubergine Parcels
- ★ Warm Baby New Potatoes
- + Homemade Coleslaw
- Crudités and hummus
- → Tomato, Mozzarella & Basil Salad
- ★ Green leaf salad
- Greek Salad with Feta and Olives
- Artisan Breads and Butter





Afternoon Tea

Traditional. Elegant and Tasty....Served on plain white or Vintage China. Just like every other choice, you can build your Afternoon Tea to suit...

Examples of Weddings served with Afternoon Teas...



Sandwiches

- + Smoked Salmon & Cucumber, Honey Ham & Mustard,
- + Egg & Watercress, Cheese & Pickle
- Prosciutto Wraps
- Cocktail Sausage Rolls
- Mini Savoury Pastries (Ham and Cheese, Salmon and Meat)
- Pear, Stilton and Walnut Tartlets
- Scones with Jam & Cream
- Lemon Drizzle Cake
- Mini Eclairs
- Salted Caramel Profiteroles
- Chocolate Dipped Strawberries
- English Tea / Green Tea / Fruit Teas Coffee from Cafetières



Sandwiches

- + Cheese and Pickle, Hummus and Falafel
- + Smoked Applewood Cheese, Ham Salad, Coronation Chicken
- Cheese and Onion Rolls, Sausage Rolls
- Mini Savoury Ham and Cheese Pastries
- Mediterranean Vegetables (V)
- Butternut Squash and Sage mini Tartlets
- Stilton and Apple (V)
- Crudités and Hummus
- Scones Jam and Cream
- + Brownies, Coconut Cake
- Lemon Drizzle Cake, Carrot Cake, Welsh Cakes
- English Tea / Green Tea / Fruit Teas Coffee from Cafetière's



Sandwiches

- Egg and Cress, Mixed Cheeses
- + Beef, Ham, Chicken, Prawn Mayo
- Scones Jam and cream
- Mini Eclairs
- + Lemon Drizzle Cake
- Carrot Cake
- Chocolate Dipped Strawberries
- + English Tea / Green Tea / Fruit Teas
- Coffee from Cafetières

professional manner



Evening Ideas

Perhaps a second sitting at your all day event...



- Trio of Sausages cooked on the barbecue (Pork Sausage, Cumberland Sausage and Dragon's Breath Sausage), served in long split rolls, with fried onion, ketchup,& mustard.
- 6oz quality beef burger, cooked on the barbecue, brioche buns, cheese slices, burger relish, ketchup, barbecue sauce
- * Slices of thick butchers dry cured back bacon, served in a white floured bap with ketchup or brown sauce



The **Stand and Deliver** option Served in a noodle box with compostable fork. (Choose one to be served to all your guests)

- Chicken Curry, Pilau Rice, Naan Breads, Mango Chutney and Onion Bhaajis
- + Chilli con Carne, Rice, Tortilla Chips, Sour Cream, Guacamole, Salsa
- → Moroccan Meatballs, Jewelled Saffron Cous Cous, Fattoush Salad
- Pulled Pork, Brioche Rolls, Coleslaw
- Chicken Souvlaki, Flatbreads, Greek Salad



The Barbecue (See our main section on BBQ's too!)

- Lime & Coriander Chicken
- Cajun Chicken
- Pulled Pork
- 6 oz Quality Beef Burgers
- Butchers Sausages
- Green Salad
- Coleslaw
- Potato Salad
- Breads, sauces & dressings
- Served on Disposable, Compostable plates with Compostable Cutlery



Paella

- Chicken and Chorizo Paella
- Vegetarian Paella
- + Flat breads
- Green Salad

The freshest local ingredients, mean exceptional food



What have others said?

Maria Boyle



Just a short note to thank you and your team so very much for making my birthday celebrations such a success. Your attention to detail, professionalism, friendliness, customer focus, reliability and communications were all superb and really took the hassle off us on what was a really busy weekend. The food was scrummy. Everyone was raving about the starter platters on the first night along with the puddings (of course!) and the tenderness of the meat dishes. It was just fabulous all round.

Once we summon the energy to party again, we will be in touch!

Maria Boyle 31st May 2021

Alison Heming



Dear Graham

It was a really special day which was made even more memorable by you, your team and the amazing food! I cannot thank you enough for making it such a wonderful occasion, everything was beyond perfect, I would love to have you all here permanently!! Gina & Tom loved you all! Please pass on my thanks to Michelle and Callum, as they were both amazing and left the kitchen immaculate. We enjoyed the rest of the food yesterday!

I can't wait to have you all here again! Many thanks once again, you're amazing Best wishes

Alison & Co. 22nd November 2021

Emma Horton



Just wanted to share the incredible work of Fresh Food Events.

From the absolute get go, communication has been exceptional which is so reassuring when you're planning a large event. The suggestions, quidance was so in keeping with my vision. They really strive to capture exactly what you're looking for.

The food was absolutely sublime. We opted for a grazing table and it was just perfect! It literally looked too good to eat! If you're thinking of sourcing a catering company, Graham and Lesley will not let you down. Faultless and beyond brilliant!

Thank you so so much to everybody at Fresh Foods.



Emma Horton 28th November 2021

John and Chloe



As soon as we asked Graham and Lesley to cater for our wedding, I found out they're not your average caterer, they are so so much better. They tailored the canapés and the menu to us, and we quickly came up with a menu that catered for everyone (including 3 vegetarians and 1 coeliac). They even accommodated some very last minute changes (down to our misplanning). The standard of food was absolutely incredible, there were empty plates all round (even from the fussy eaters). All our guests loved the food and complimented it. On a side note, if you need a Master of Ceremonies, look no further! Graham was absolutely fantastic, not only in relaying and directing our guests but also in keeping a rather nervous groom (myself) grounded. We can't recommend Graham and Lesley enough and guarantee you will not be disappointed.

John Sawyer 4th June 2021

"Wedding Food isn't meant to Taste this good!" Mike and Holly, February 2020